



Dr. Kaushal Malhan
Senior Orthopedic Consultant - Knee and Hip Surgery

Dr Kaushal Malhan is one of India's foremost orthopaedic surgeons, with a special interest in hip and knee replacements and hip resurfacing.

Dr. Malhan returned to India in 2003 after a long stint in the UK and Ireland. Here, he established the regional hip resurfacing and joint replacement center for western India. He has been in the forefront in the field of minimally invasive high bending knee replacement surgery. He popularized hip resurfacing surgery and played a major role in changing clinical practice as regards hip reconstructive surgery. He has gained international recognition for his pioneering contribution in the field of joint replacement and resurfacing surgery. He is often invited to lecture and demonstrates surgery in various parts of the world.

He has several firsts to his credit including the first Oxford Unicompartmental Knee Replacement and Computer Assisted Minimally Invasive gender specific knee replacements for female patients. He has also done the largest number of Birmingham Hip Resurfacings in the city of Mumbai. He is a strong proponent of Tissue Sparing Minimally Invasive surgical techniques for knee and hip joint replacement and was recently invited to speak at a conference for tissue sparing surgery in Australia. These techniques allow replacement and resurfacing surgery with less tissue damage and better results.

Professional qualifications and fellowships:

- FRCS (Trauma and Orthopedics) – U.K, FRCS (Gen. Surgery) – U.K.
- Diploma in Sports medicine – Great Britain and Ireland
- MS (orthopedics) – Mumbai University
- Completed the Indian and British orthopedic training programs.
- Knee and Hip fellowship – hip and knee resurfacing, knee ligament reconstruction and joint replacement – Freeman Hospital, U.K.

Achievements:

- Publications (8 in International journals), Presentations (18 in International meetings) & Two dissertations.
- Faculty for hip and knee courses in India and abroad including Indian Arthroplasty Association, Indian

- Orthopedic Association, Bombay Arthroplasty courses, Chennai Association courses, Andhra Pradesh
- Orthopedic Association, Jalandhar Orthopedic Association & Malaysian orthopedic association.
- 15 international courses and symposia alongwith 50 lectures to medical associations
- Convenor of first Wockhardt trauma course. He is a member of national trauma course faculty
- Five multicentre workshops where he demonstrated live resurfacing surgery. He did the first live hip resurfacing in western India. He has performed live hip resurfacing and arthroplasty demonstrations in 4 venues in Malaysia as part of moa conference.
- Dr. Malhan is PG teacher with 2 post graduate orthopedic students
- He was selected from amongst India's joint replacement and resurfacing surgeons to lecture on hip resurfacing for an audience of north American doctors at a symposium organized by the confederation of Indian industry(CII).
- Invited to demonstrate hip resurfacing in one of the largest teaching hospitals in the country.

Previous positions held:

- 1989 – 1993 Orthopedic Residency – KEM hospital, Mumbai with–1993 – 1996 junior consultant and lecturer orthopedics – KEM hospital, Mumbai
- 1996 – 2002 Orthopedic training in the UK. This includes Oswestry – stoke orthopaedic rotation, training in units offering specialised service, Arthroplasty training in resurfacing - primary and revision arthroplasty surgery, Arthroplasty and sports surgery fellowship – Freeman UK
- National institute of sports surgery – D. Rees
- Centre for spinal studies – oswestry – S. Eisenstein
- Pediatric orthopedics – Rjah - G. Ewans, A. Roberts
- ORLAU – Rjah - Gait analysis – J. Patrick
- North staffs – level 1 trauma centre
- Oswestry upper limb unit for shoulder and elbow surgery – S.Hay
- Dedicated units for upper limb and lower limb arthroplasty at the Robert Jones and Agnes Hunt
- Specialized training in cartilage transplantation techniques